



BEAMISH PARK HOTEL

## Lunch Menu

### Monday – Saturday 12pm – 2.15pm

#### STARTERS

Soup of the Day, Caramelised Onion Bread	£4.50
Chilled Melon, Soft Fruits & Sorbet (gf+ v)	£5
Tempura King Prawns, Asian Salad & Chilli Jam	£10
Caesar Salad with Pancetta Bacon, Crouton & Beechwood Smoked Chicken	£6.50/£10
Thai Lemon Grass Pork, Lettuce Cups, Roasted Peanuts & Micro Herbs	£6.50
Prawn Cocktail with Granny Smith Apple, Avocado & Bloody Mary Dressing (gf)	£7

#### OMELETTES with a choice of fries or salad

Ham & Northumbrian Cheddar Cheese (gf)	£8
Wester Ross Salmon & Spring Onion (gf)	£9.50
Mediterranean Vegetables & Pesto (gf + v)	£8
Three Cheese (Mozzarella, Blue & Smoked) (v)	£8
Farmers (Mushroom, Potato, Bacon, Peas & Herbs) (gf)	£8.50

#### EXTRAS

Skinny Fries	£3
Chunky Skin on Chips	£3
Bistro Mixed Salad	£3
Buttered Seasonal Vegetables	£3
Sweet Potato Fries	£3
Bread, Oils & Olives	£3

\* GF = Gluten Free    V = Vegetarian

**If you have any concerns regarding food allergens, please ask a member of our team and you will be provided with detailed information on each dish.**

#### MAIN COURSES

Blackened Chicken, Avocado, Spinach & Cashew Nut Salad with Honey & Harissa Dressing (gf)	£12
Korean Beef Salad, Asian Veg, Fresh Mint, Rice Noodles, Korean Dressing & Toasted Sesame Seeds (gf)	£11
Organic Salmon, Broccoli & Prawn Fish Pie with Potato & Cheddar Cheese Topping (gf)	£10
Sea Bass Fillet with Mediterranean Flavours & Basil Pesto (gf)	£15
Bistro Rump Steak, Black Pudding, Pepper Sauce & Skinny Fries (gf)	£15
Wild Mushroom Macaroni, Wild Garlic Cream & Poached Egg (v)	£9
Northern Beer Battered Haddock, Skin on Chips, Minted Mushy Peas, Tartar Sauce & Lemon	£13
Rare Breed Chopwell Pork Sausages, Mustard Mash & Onion Gravy	£10

#### Cold SANDWICHES

Avocado, Prawn & Bloody Mary Sauce	£6
Flaked Tuna with Red Onion & Salad Cream	£6
Cheddar Cheese & Tomato (v)	£5
Wester Ross Smoked Salmon & Cucumber	£7
Beechwood Smoked Chicken & Bacon	£6
Classic Cheddar Cheese Savoury (v)	£5
Kettle Ham & English Mustard	£5
Roast Beef & Horseradish Mayo	£5

Served on Brown or White Bread with salad garnish & Kettle Crisps

#### HOT SANDWICHES with Fries or Salad

Sun Blushed Tomato, Mozzarella & Pesto Panini (v)	£8
Ciabatta Steak Sandwich, Fried Onions & Mustard Mayo	£10
Baguette of the day	£8
Steamed Pork Belly Bun, Asian Veg & BBQ Sauce	£8